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Working with Richard A. Blasband, M.D.

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I am 60 years old. I have always been in excellent physical health, getting sick so rarely and so mildly that in my adult life I have never missed a day's activities because of illness. I have known Richard Blasband, M.D. for 38 years. In 1995, my wife, Paula Chamlee and I, not having seen him for a couple of years, stopped by to catch up on what he was doing. We learned that he had studied with Nicolai Levashov and had become a healer.

After Paula and I plied him with many questions he asked if we would like to be "scanned" with his mind to determine the state of our health. We said, "Yes." With me, he found a moderate amount of toxins, a problem with my ileocecal valve (between small and large intestines) and moderate plaque in my arteries. When I asked if he could fix the problems he replied that he could try, and I became his patient. I presented with no symptoms.

I have always looked at health like this: assume that on a scale from zero to one hundred that zero is death and that one hundred is perfect health. And let's agree, for the sake of argument that on that scale symptoms do not appear until 50 is reached. At a reading of 95 is one healthy? Yes, but not perfectly healthy. At 51 on the scale, one is still considered "healthy" because there are no symptoms. But at a reading of 51, illness is clearly just around the corner. I never thought of health as either on (above 50) or off (50 or under). Health is a process; except for something like food poisoning, one doesn't become instantly ill from being perfectly healthy immediately preceding. My goal has always been to try to get as close to 100 as possible, not merely to stay above the 50 mark.

Dr. Blasband's diagnoses, made with his mind, confirmed other diagnoses I had in years previous. In 1978, a Radionics practitioner (intuitive assessments made with various devices) told me that I had a problem with my ileocecal valve and moderate plaque in my arteries. This practitioner was willing to diagnose me, but was not willing to treat me because of problems she had had with the FDA. And then in 1982, at the Nevada Clinic for Preventative Medicine, I was diagnosed as having something wrong with my heart. Around that time, a checkup with an internist that included an EKG showed that I had no problems. For the internist I had no symptoms and was therefore

"healthy." From 1978 to 1995 I treated the non-symptomatic problem with my heart by getting proper exercise and by eating healthily. But as Dr. Blasband intuited, my problems had not gone away.

Typically, sessions (over the telephone) began (and to this day begin) by Dr. Blasband asking how I felt. After about a week or two of working with him I mentioned that my nose was running fairly often. He told me that was toxins that he was getting to drain out. Draining the toxins, I learned, is something that generally precedes any specific treatment. After about five minutes of sitting or lying down with the telephone to my ear, Dr. Blasband would again ask how I felt. Generally my answer was, "Fine," although once or twice in the beginning I replied that I felt dizzy, and about 20% of the time I felt, and still feel, drowsy, occasionally even falling asleep while on the phone. After another five minutes, more or less, Dr. Blasband asks when I would like to work next. The process could not be more non-invasive. I work with him on average of about twice a week.

What were the results? For exercise I run, going up to fifteen miles at a time. Serious running. Some time after Dr. Blasband told me that my arteries were clear I found that, after a long layoff from running, that I got back into the shape I was in before I had stopped in half the time that it usually takes. Was that due to cleared-out arteries and therefore more oxygen in my blood? I keep careful logs of my running, and there was no other possible explanation that I could see.

Injuries: In 1999, my right knee swelled up. Since there was no pain I did not pay much attention until one day, when running, I noticed that my knee was so large and swollen that it was jiggling. Since it did not hurt I did not want to take up Dr. Blasband's time with this, so I went to a local clinic where I learned I had "water on the knee." The doctor drained the fluid, but two days later my knee was swollen to the size it had been before the draining. I called Dr. Blasband and he took a look at it (with his mind, of course). He told me that as a result of my running the bursa (joint capsule) was prematurely aged and was torn. He then asked if I would like him to work on it. Of course I said, "Yes." (Even though I have known him for 38 years, and have worked with him in his capacity as a healer for six-and-a-half years, he will not do anything unless specifically authorized.) For the first four weeks I noticed no change, but then the swelling started to go down and two weeks later my knee was almost back to original. It took about another two weeks for it to get back to 100%. And it has stayed that way to this day.

Unlike the "psychic healers" of Brazil and the Philippines, who achieve overnight "miracle" cures, Dr. Blasband's work takes time since he rebuilds a cell at a time. With Dr. Blasband's work, the cause of the problem, whether it is a disease or an injury, is truly dealt with and a permanent cure is effected.

I have had other minor injuries, such as pulled muscles, and a few years ago had some oral surgery. When Dr. Blasband works on the injuries they usually heal within 36 hours, and the oral surgeon told me that he had never seen so quick a healing as in my case. Dr. Blasband had worked specifically to accelerate my healing.

Dr. Blasband has always had a deep interest in getting to the truth of things, however unconventional that truth may seem. As a result, his scientific research (I think of him as a researcher as well as a medical doctor) has led him to things he would have never imagined. His courage in following what feels right to him and what is demonstrably true is admirable, even if the truths are far from mainstream thinking and practice.

Conclusion: I am grateful beyond words for the healing work Dr. Blasband has done, and continues to do, for me. Not only has he healed numerous minor injuries, but I believe he has done things that will keep me from getting ill as I get older. I do not fully understand the mechanism by which Dr. Blasband does this healing work. (I believe I would have to be able to see what he sees to truly understand it.) But I trust it absolutely. But my understanding or willingness to believe in this is not what counts; it is Dr. Blasband's mind that does the work.

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