

The Sands of Time

NEWSLETTER

of the

WholisticHealingResearch.com

and

**International Journal of Healing and
Caring - On Line**

January, 2005 Volume 5, No. 1

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*** [WholisticHealingResearch.com](http://www.WholisticHealingResearch.com) website ***

Research in spiritual awareness and healing, extensive healing studies references, books, articles, links, lectures and workshops by site moderator, Daniel J Benor, MD. www.WholisticHealingResearch.com

Search facility for entire WHR site www.WholisticHealingResearch.com#search

**** NEW ON WHR SITE ****

The DOCTOR-HEALER NETWORK (DHN) – North America

Physicians working with and as healers are invited to join the new DHN – North America group. Contact details at www.WholisticHealingResearch.com/DoctorHealerNetwork/DHN-top.asp

Spiritual healing can be added beneficially to the treatment of patients with many problems for which conventional medicine can as yet provide only limited relief. People with diseases such as arthritis, asthma, ME, multiple sclerosis, cancer and many more varieties of problems may be helped. Patients and doctors have numerous testimonials to the effectiveness of healing.

Research demonstrates that healing can bring about changes in water, enzymes, cells in laboratory cultures, yeasts, bacteria, plants, animals and humans. In a review of 191 controlled studies of healing, 64% demonstrated significant effects.

The DHN has several groups in the UK that have been meeting for 15 years. The DHN-UK has healers, doctors, other health care professionals and clergy who seminar periodically, discussing healees (often those who are treated by doctor-healer pairs), as well as theoretical and personal questions and demonstrations of healing methods. This provides a forum and resource for sharing information and progress in integrating healing with conventional medicine.

Some UK healers are paid under the NHS. Many more doctors are referring patients to healers at the healers' clinics. Some doctors are developing their own healing gifts. Healers have been employed in hospital pain, cancer and cardiac rehabilitation centers.

The DHN-UK Newsletter was published 1991-1994. It shares the experiences of healers and doctors. Copies will be posted at www.WholisticHealingResearch.com/DoctorHealerNetwork/DHNNL-Top.asp

INTERNATIONAL JOURNAL OF HEALING AND CARING (IJHC) - on line

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Editor - Daniel J. Benor, M.D.

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IJHC January 2005, Volume 5, No. 1 features:

Editor's Musings

COMMON DENOMINATORS ACROSS HEALING MODALITIES

Daniel J Benor, MD

Research

**A SHARED MEMORY CASE STUDY:
THE MIND RESONANCE PROCESS
AND EVIDENCE FOR NON-LOCAL CONSCIOUSNESS
Nick Arrizza BAsC, MD**

See brief summary, below, under ****Spiritual Healing****

Read more in IJHC January 2005, Volume 5, No. 1

The path to Self

COMPLEMENTARY GIFTS

Carol Spence

HEART FAILURE – Preface

Michael Greger, MD

Wholistic Approaches

INTEGRATING HEALING REIKI INTO THE NATIONAL HEALTH SERVICE (NHS) IN THE UK

Angie Buxton-King

USING MENTAL IMAGERY TO CONQUER OVEREATING

Robert Jager

Variations on the theme of healing

THREE HEART BALANCING FOR TREATMENT OF CANCER

Jaentra Green Gardener

Maintaining balance, walking toward health, and not giving in to death and despair are central for the healer while treating cancer.

Hate, particularly the energy dynamic of hate, is the primary energy problem in the healing of cancer. Hatred, a part of the human experience, comes from a complex mixture of cultural, genetic, past life, or emotional sources. Any of us could manifest cancer, even with our best intentions to lead loving lives. This hatred is not the fault of the person with cancer...

The healers in Three Heart Balancing are called co-healers because we believe that healing occurs within an interpersonal relationship between the person receiving healing, all the family and friends praying and pulling for the ill one, the medical personnel, the healer, and God or the Source of all. While working with cancer, the co-healer depends on other members of this team to achieve the goal of health.

About 70% of the people who seek Three Heart Balancing for many kinds of cancers experience benefits. About 30% quit treatment. Most of those engaging in healing survive their cancer to live useful lives. Some find an enhanced quality of life while battling the cancer. Those who die will die with dignity, consciousness, and often free of pain. I highly recommend Three Heart Balancing along with other naturopathic medicines, good natural nutrition, and psychotherapy to treat cancer...

(Read more in IJHC January 2005, Volume 5, No. 1)

INTUITION AND HEALING

An interview with Francesca McCartney

Wholistic News Reviews

Traditional, Complementary, Alternative, and Psycho-Social Modalities of Treatment

Larry Lachman, PsyD

Poetry

Humor

Books

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* * * STUDIES and PROGRESS NOTES * * *

* * SPIRITUAL AWARENESS AND WHOLISTIC HEALING * *

A SHARED MEMORY CASE STUDY:

THE MIND RESONANCE PROCESS" & EVIDENCE FOR NON-LOCAL CONSCIOUSNESS

Nick Arrizza BAsC, MD

*Treating one person can relieve distress in a second person
who shares the same traumatic memory*

The Mind Resonance Process" is an elegantly simple yet profoundly powerful cognitive process that can be used to release traumatic negative perceptions, beliefs, emotions and memories rapidly and permanently. The benefits are many, including renewed energy, inner sense of peace, sense of joy, a sense of rejuvenation, greater resilience to stress, enhanced physical, emotional and spiritual wellbeing, a more solid sense of one's true identity, and much more.

This paper gives a brief description of employing MRP to help release a traumatic memory. The nature of the actual memory is not important. What is essential is only its qualities as experienced by the individual. As most trauma is experienced emotionally with similar common denominators of reactions except, perhaps, for degrees of intensity, this allows us to generalize the use of one example to many other traumatic memory experiences...

The MRP appears effective in releasing significant negative memories quickly, easily and with permanence. When a negative memory is shared, helping one individual release it with MRP, allows the other to release it spontaneously, with no knowledge of the intervention, and with the intervention occurring from a distance....

(Read more in IJHC January 2005, Volume 5, No. 1)

IJHC/WHR Observations:

Research in the format of single case studies often provides seminal information that opens into new

areas for more complex studies.

This study begins to confirm reports that when a person releases negative feelings that may involve another person, the other person may simultaneously experience this release – even though the second person is many miles away and has no way to know about the first person’s change of heart.

**** FUTURE RESEARCH IN WHOLISTIC HEALING ****

The IJHC/WHR Newsletter will feature monthly suggestions for future research in healing.

READERS ARE INVITED TO SUBMIT SUGGESTIONS FOR TOPICS TO STUDY

If your topic is chosen, you will receive free access to the IJHC for a month, including the current issue and all back issues.

Suggestion for this month:

A series of studies has shown that electroencephalograms (EEGs) of healers and healees become entrained. It is unclear whether this is a bioenergy field effect, which is an integral aspect of spiritual healing treatments, or whether this type of linking occurs in other therapies as well – where bioenergy exchanges are not intentionally activated. It would be most interesting to see whether this EEG synchronization occurs in counseling/ psychotherapy, massage, or other CAM modalities.

References:

See a dozen studies on EEG synchronization between healers and healees

<http://www.wholistichealingresearch.com/References/EEG.asp>

See extensive lists and discussions of healing research design at

<http://www.wholistichealingresearch.com/Research/RschTop.asp>

Daniel Benor, MD, is available for consultation on setting up studies for evaluations and treatments of health challenges.

**** WHOLISTIC APPROACHES ****

Self-help clinics to replace antidepressant medications

A new plan is being launched in Southwest England, encouraging people with mild depression to seek help from books instead of pills for symptoms of depression. Instead of giving out prescriptions for medications, a book from a list of 35 references might be prescribed. Local libraries will provide the prescribed books.

<http://news.bbc.co.uk/1/hi/england/devon/4081329.stm>

Also covered in the Washington Post

<http://www.washingtonpost.com/ac2/wp-dyn/admin/emailfriend?contentId=A41332-2004Dec6&sent=no&referrer=emailarticle>

IJHC/ WHR Observations

This initiative is to be highly lauded!

The quick fix of pills disempowers people from exploring and dealing with their own issues. It also carries risks, as over 100,000 people die annually from medications that were properly prescribed. Using medications can often be like screwing the lid on the pot tighter when it is boiling over – rather than turning the fire down under the pot.

Obese children may have sleep-problems, drowsiness, impaired learning

“...Obesity nearly doubled among youngsters aged two to four between 1989 and 1998 from 5% to 9%...

Amongst children aged six to 15, obesity rates trebled from 5% in 1990 to 16% in 2001...”

“Researchers from the Royal London Hospital studied 63 children diagnosed as very obese... 54 had a condition called obstructive sleep apnoea (OSA) - a severe form of snoring...

Most of the OSA cases were mild, but 14 had a moderate or severe form of the condition.

In OSA, airflow is restricted during sleep, leading to a fall in oxygen levels in the blood...

"Left untreated, these children may suffer daytime sleepiness resulting in poor concentration and leading to poor performance at school."

<http://news.bbc.co.uk/1/hi/health/4059357.stm>

**** COMPLEMENTARY THERAPIES ****

Honey-bee products in prevention and/or therapy of transplantable tumors in mice

“We investigated the effects of water-soluble derivative of propolis (WSDP), caffeic acid, honey, royal jelly and bee venom on tumour development and metastasis in murine tumour models... Oral application of WSDP or caffeic acid significantly reduced subcutaneous tumour growth and prolonged survival of mice. Honey also exerted a pronounced antimetastatic effect ($p < 0.01$ or $p < 0.001$) when applied before tumour cell inoculation (2 g kg⁻¹ orally once a day for 10 consecutive days). Royal jelly did not affect the formation of metastases when given intraperitoneally or subcutaneously. However, synchronous application of tumour cells and royal jelly intravenously significantly ($p < 0.001$) inhibited the formation of metastases. When bee venom was injected intratumourally, tumours decreased in size. These findings demonstrated that honey-bee products given orally or systemically may have an important role controlling tumour growth and metastasis.”

Nada Oroli et al. *Journal of the Science of Food and Agriculture*, Early View (Articles online in advance of print) Published Online: 3 Dec 2004 © 2004 Society of Chemical Industry

<http://www3.interscience.wiley.com/cgi-bin/jhome/1294>

More CAM reviews at

<http://www.naturalhealthvillage.com>

<http://www.mdlinx.com/FamilyMDLinx>

http://www.chiro.org/alt_med_abstracts/#David_M_Eisenberg

<http://www.ucalgary.ca/~camig/litsearch.html>

AMSA website

<http://www.amsa.org/humed/camresources/camnews.cfm>

**** ENVIRONMENT (HEALING OUR PLANET) ****

Kenyan collects Nobel peace prize

Professor Wangari Maathai, Kenyan environmentalist was presented the Nobel Peace Prize for 2004 in Oslo.

Professor Maathai is also Kenya's Deputy Environment Minister and the first African woman and environmentalist winning this prize. She was honored for campaigning to save Africa's trees and for promoting ecologically viable social, economic and cultural reforms.

In her acceptance speech, she said, "There can be no peace without equitable development and there can be no development without sustainable management of the environment in a democratic and peaceful space. This shift is an idea whose time has come"

Maathai is also vocal on women's rights

<http://news.bbc.co.uk/1/hi/sci/tech/4084617.stm>

Shampoo and hand lotion may be a risk to unborn babies

"A US study found methylisothiazolinone (MIT) can affect the growth of parts of developing nerve cells which help them communicate with their neighbors.

The work, by the University of Pittsburgh, was carried out in rats, but researchers are concerned about the potential effect on human fetuses.

Researcher Dr Elias Aizenman said: "While more research is needed to determine what effect MIT would have in rodent models, both at the cellular level and to a developing nervous system, our results thus far suggest there is a potential that everyday exposure to the chemical could also be harmful to humans.

'I would be particularly concerned about occupational exposure in pregnant women and the possibility of risk to the foetus.' "

MIT is used to kill harmful bacteria that like to grow near moisture or water.

It is often used in personal care products like shampoos and hand lotions - but also in water cooling systems and in factories which need water for manufacturing.

<http://news.bbc.co.uk/1/hi/health/4071401.stm>

Frequent use of chemical based products in the prenatal period is associated with persistent wheezing in young children.

A Sherriff, et al. *Thorax* 2005, **60**, 45-49.

<http://thorax.bmjournals.com/cgi/content/full/60/1/45>

Legal suits for causing health injuries in heatwaves may be possible

"Human influence has at least doubled the risk of a heat wave such as the one that struck Europe last year, which was linked to 27,000 excess deaths across the continent, including Britain. And the risk that similar heat waves will strike each summer is rising as a result of greenhouse gas emissions, report Dr Peter Stott from the Met Office's Hadley Centre, and Dr Myles Allen and Dr Dáithí Stone of the University of Oxford, in the journal *Nature*.

As climate naturally varies, the hot summer of 2003 could be another quirk of nature. But, after evaluating climate models with and without emissions, the researchers conclude that it is very likely that the risk of having a regional summer heat wave such as that of 2003 has increased by a factor of at least two due to human influence...

Scorching summers could occur as routinely as every other year by the middle of this century, they predict.

The legal implications of how greenhouse gases are "loading the weather dice" are explored in an accompanying analysis by Dr Allen with Richard Lord, QC.

There are difficulties in linking global emissions to a local death, said Dr Allen. If, however, the predictions of the Nature study are borne out, "it will become increasingly hard to argue that any resulting damage was unforeseeable.,,"

<http://news.telegraph.co.uk/news/main.jhtml?xml=/news/2004/12/02/nheat02.xml>

IJHC/ WHR Observations

While a direct causation would be hard to establish – between a given person and a given polluter – a proportional assessment could be made.

Sadly, making polluting more expensive than the taking ecological and environmental precautions may be the only way to get polluters to stop their wanton destruction of the planet.

That, and convincing those who believe Armageddon or the Ascent are near that this is not an acceptable excuse for injuring and killing innocent people, even though they don't hold the same beliefs...

Risk of acoustic nerve tumors increased with prolonged cell phone use

“In this population-based case-control study we identified all cases age 20 to 69 years diagnosed with acoustic neuroma during 1999 to 2002 in certain parts of Sweden... Controls were randomly selected from the study base, stratified on age, sex, and residential area...

Our findings do not indicate an increased risk of acoustic neuroma related to short-term mobile phone use after a short latency period. However, our data suggest an increased risk of acoustic neuroma associated with mobile phone use of at least 10 years' duration.”

Lonn, Stefan et al. Mobile Phone Use and the Risk of Acoustic Neuroma, *Epidemiology* 2004, 15(6):653-659, November.

<http://www.epidem.com/pt/re/epidemiology/abstract.00001648-200411000-00003.htm;jsessionid=BEOyWEE1KCQb9CrKSN6m1YJ3csNRGCJKqw0dFbAQETpl2sYcOGR!-2051185547!-949856031!9001!-1>

IJHC/WHR Observations

The most convincing part of this study is that the tumors were significantly more frequent on the side of cell phone use.

**** TECHNOLOGY ****

An e-mail saved this boy's life

“Few thought this little boy would survive after he was bitten by a snake in Nepal.

His parents consulted a Shaman who bound the boy's leg so tightly with a tourniquet it went gangrenous.

When doctors eventually saw him they were at a loss to know how to save him. The bandage had been on for 25 days and his leg was hanging off.

Everyone was resigned to him dying.

But his life was saved by the dedication of an English peer and his wife, their aid charity and a team of the best surgeons in the world.

Some of world's top surgeons were consulted and gave their advice that his leg should be amputated as quickly as possible to save his life. Against the odds he survived and he is now waiting to have an artificial leg fitted.”

<http://news.bbc.co.uk/1/hi/health/4025741.stm>

**** HUMAN ECOLOGY****

Research suggests marijuana use may predispose to psychosis

This prospective study examined 2437 young people (aged 14 to 24 years) with and without predisposition for psychosis, based on standardized personal interviews at baseline and at follow up four years later.

After adjustment for age, sex, socioeconomic status, urbanicity, childhood trauma, predisposition for psychosis at baseline, and use of other drugs, tobacco, and alcohol, cannabis use at baseline significantly increased the cumulative incidence of psychotic symptoms at follow up four years later... The effect of cannabis use was much stronger in those with any predisposition for psychosis at baseline... than in those...

There was a dose-response relation with increasing frequency of cannabis use. Predisposition for psychosis at baseline did not significantly predict cannabis use four years later

Cécile Henquet, et al. Prospective cohort study of cannabis use, predisposition for psychosis, and psychotic symptoms in young people

BMJ, doi:10.1136/bmj.38267.664086.63 (published 1 December 2004)

IJHC/WHR Observations

Medical intuitives, who can sense a person's bioenergy fields and "read" their internal conditions, have also observed that people who use marijuana and other drugs carry residues of impairments for years after using these substances

Forced administration of psychiatric medications for children now discouraged by federal government

In order to receive federal funds under the Individuals with Disabilities in Education Act (IDEA), the "Prohibition on Mandatory Medication Amendment," was signed into law by President Bush December 3, 2004 and requires schools to implement policies that prohibit schoolchildren being forced onto psychiatric drugs as a requisite for their education.

humanrights@cchr.org

IJHC/WHR Observations

In some cases, child welfare agencies have gone so far as to remove children from the care of otherwise adequate and acceptable parents – when the parents object to their children taking psychiatric medications such as Ritalin. On the one hand, this law protects the rights of parents to decide on treatment for their children. On the other hand, there will be children who will unnecessarily have poor academic achievements, may suffer from low self esteem, may end up failing in school and may "self-medicate" with street drugs

New medical journal looks at mercury in vaccines

Peer-reviewed publication, *Medical Veritas: The Journal of Medical Truth*, Volume I, Issue 2 presents the important editorial entitled Mercury in vaccines: Institutional Malfeasance and The Department of Health and Human Services. This 11-page document gives an historical perspective of the use of Thimerosal and the failure of pertinent agencies to remove this neurotoxin from childhood vaccines.

Medical Veritas provides scientifically defensible information to the public that is not readily available in other medical journals. Unlike those journals, Medical Veritas does not accept advertising nor pharmaceutical influenced manuscripts.

Dr. Gary S. Goldman, Editor-in-Chief

www.MedicalVeritas.com

***** EVENTS *****

☺ = presentation by Daniel J Benor, MD

***January, 2005**

2-6 International Symposium on Modern Science, Mysticism, and East-West Dialogue, Lonavla, India.
www.assrindia.org/html/international.htm

5-8 Gesundheit! Health Justice Gathering, Gesundheit! Institute, WV www.patchadams.org, contact Rana Chang, Michigan State University - College of Human Medicine, 517-303-4073, changran@msu.edu

13-16 Third Annual Hawaii International Conference on Arts & Humanities, Honolulu, 808-949-1456, humanities@hichumanities.org www.hichumanities.org

13-16 Healing Intensive (Level 1), College of Psychic Studies, London +44 (0)20 7589 3292
emma@collegeofpsychicstudies.co.uk.

13-16 Third Annual Hawaii International Conference on Arts & Humanities, Honolulu, www.hichumanities.org, 808-949-1456.

21-23 National Circle of Healers Retreat, AMSA's 5th Annual HuMed Medical Student Retreat, Starke, FL. \$100, Deadline Oct. 15, <http://www.amsa.org/humed/COH.cfm>, Chad Krisel chad.krisel@med.fsu.edu

21-25 The Fourth International Conference on Shamanism, Enlightenment, and Sacred Sexuality, Sante Fe, NM, message@bizspirit.com, www.bizspirit.com

27-30 International Conference on Unity and Diversity in Religion and Culture, Seattle, WA.
www.networkforpeace.org, Skye Burn, 360-527-3006, skyeburn@onebox.com.

***February**

5 HIV/AIDS Workshop for Medical and Religious Professionals, Chicago, Antje Jackelén, 773-256-0670, zcrs@lstc.edu, www.lstc.edu

5-7 Women's Empowerment Institute (WEI) seminar, Washington, D.C. Apply by November 15.
<http://www.amsa.org/adv/wei.cfm>

11-12 Basics and Perspectives of Russian Spirituality, Rustov-on Don, Russia, 7-812-326-86-03, office@srph.spb.ru, <http://srph.ru/en/specrs.html>

12-13 Complementary and Alternative Healthcare Conference and Expo – NY, NY. Speakers include Woodson C. Merrell, Dean Ornish, James S. Gordon, Frank Lipman, and Robert A.F. Thurman.
www.camexpo.com

17-21 The Nexus: Where Science Meets Society, Washington, D.C., 202-326-6450, aaasmeeting@aaas.org, www.aaas.org/meetings

20-23 Engaging the Power and Creativity of Compassion, West Bend, WI, islusa@aol.com,
www.spiritleader.org

****25-27** International Conference On Environmental, Cultural, Economic And Social Sustainability,
East-West Center, Hawaii

27-May 22 Study Peace And Conflict Resolution – European University Center for Peace Studies
(EPU), Stadtschlaining, Austria - Spring term 2005: 27 Feb.-22 May (Apply by 15 Sept. 2004) Fall
term 2005: 2 October - 21 December (Apply by 15 March 2005) www.aspr.ac.at epu@epu.ac.at

***March**

8-10 The Annual Fay Lecture Series in Analytical Psychology on “Ethics of Therapy & Analysis,”
College Station, TX, David Rosen, 979-845-2530, ahr@psyc.tamu.edu,
<http://psychology.tamu.edu/Faculty/Rosen/index.html>

10-12 Spirituality and Addiction: Scientific, Clinical & Theological Perspectives, Terre Haute, IN,
Tom Johnson, pytjohn@isugw.indstate.edu,
www.indstate.edu/psych/cshrs/addictions%20Conference.htm

13-19 CancerGuides Professional Training Program, Center for Mind-Body Medicine, Berkeley, CA.
Call Vickie Green at 202-966-7338 ext. 229. www.cmbm.org/cancerguides

17-19 Our Brains and Us: Neuroethics, Responsibility and the Self, Cambridge, MA,
www.aaas.org/spp.dser

26- April 22 HEART 2005 - 4th-year elective clerkship American Medical Student Association
(AMSA) student-run, student-designed, entirely student-focused, fully-accredited - Ben Lomond
Quaker Center near Santa Cruz, CA www.quakercenter.org Info, applications
<http://www.amsa.org/humed/heart/index.cfm>

30-April 3 Science, Religion, Ideology, St. Petersburg, Russia, 7-812-103-7279, office@srph.spb.ru,
<http://srph.ru/en/specrs.html>

***April**

1-3 Mystics and Scientists 28 – *Healing the Split: An Alchemy of Transformation*. Winchester.
www.scimednet.org info@scimednet.org

17-19 Our Brains and Us: Neuroethics, responsibility and the Self, Cambridge, MA.
www.aaas.org/spp/dser/

22-27 7th International Conference on Science and Consciousness – Santa Fe, NM –
www.bizspirit.com message@bizspirit.com

27-May 1 Upledger Institute and Foundation’s Beyond the Dura research conference, Jupiter Beach,
FL. Educational Services 1-800-233-5880 or 561-622-4334 <http://www.upledger.com/news/btd05.htm>

***May ☺**

11-14 Holism and Family Health – American Holistic Medical Association (AHMA) - Annual Clinical and Scientific Conference – Sheraton Society Hill, Philadelphia, PA <http://www.holisticmedicine.org>
info@holisticmedicine.org

13 Daniel J. Benor, MD - Experiential workshop - Holistic Harmony: Balancing Yin and Yang in Self and Patients - Friday 10:00:00 AM to 12:00:00

***June**

4-8 Science and Religion: Global Perspectives, Philadelphia, 215-789-2200, info@metanexus.net,
www.metanexus.net

8- 11 The Body of Life: Body Psychotherapy in the Real World - Issues of Attachment, Sexuality and Health - Fourth conference, USA Body Psychotherapy Outreach, Tucson, Arizona -
<http://www.usabp.org>

19-25 Food as Medicine Professional Training Program, Center for Mind-Body Medicine, Berkeley, CA. www.cmbm.org/foodasmedicine

***July**

6-11 Consciousness and Healing: Essentials Shifts for Personal, Social and Global Transformation, Alexandria, VA, Rose Welch, 707-779-8238, RoseWelch@noetic.org, www.noetic.org

7-14 21st Annual Flower Essence Society (FES) Practitioner Training and Certification Program, Granlibakken Conference Center. Lake Tahoe, California. Continuing education credits in nursing.
<http://www.flowersociety.org/intensive.htm#continuing>

30-August 6 Varieties of Spiritual Transformation: Scientific and Religious Perspectives, Isle of Shoals, NH, Karl Peters, 860-653-3754, kpeters909@aol.com, www.iras.org

***August**

5-8 Alternative Energy Resources, Conservation and the Environment, Grantham, PA, Donald Munro, 978-356-5656, asa@asa3.org, www.asa3.org

12-15 11th International Holistic Health Conference - Australasian Integrative Medicine Association - Twin Waters Resort on Australia's Sunshine Coast www.aima.net.au aima@bigpond.com

© 16 Post-conference workshop – Clear Intent: Wholistic spiritual awareness and healing – Daniel J Benor, MD and Martina Steiger, ThD

Dates tbd *Conference on Orgonomy*. New research findings in the field of social and orgone-biophysical orgonomy, Call for papers. Speakers include Richard Blasband, James DeMeo, Tom DiFerdinando, and others. OBRL Greensprings Center, Ashland, OR. Submit presentation ideas to Dr. James DeMeo, <http://www.orgonelab.org/Conference2005.htm> info@orgonelab.org

***October**

2 - December 21 Study Peace And Conflict Resolution – European University Center for Peace Studies (EPU), Stadtschlaining, Austria - Fall term 2005: 2 October - 21 December (Apply by 15 March 2005) www.aspr.ac.at , epu@epu.ac.at

***November**

3-6 Society for the Scientific Study of Religion Annual Meeting, Rochester, NY, Karn Mix, 607-871-2216, mixlm@alfred.edu, <http://las.alfred.edu/~soc/SSSR/index.html>

***April 2006**

29-May 4 the International Congress on Dialogue of Science and Religion: Science and Religion Defining Life and the Person, Tehran, Iran, Shiva Khalili, 0098-21-8501403-9, shivakhalili@yahoo.com

List your events - see Classified ad details below

For a more complete listing of upcoming conferences, see:

<http://www.alternative-therapies.com/at/staticpages/static.jsp?pagename=ATEVENTS>

<http://www.townsendletter.com/conferencecalendar.htm>

***** BOOKS *****

K.C. Cole, *The Hole in the Universe: How Scientists Peered Over the Edge of Emptiness and Found Everything*, Orlando, FL: Harcourt 2001. \$14.00
274 pp. 9 pp References

This highly unusual book presents an utterly engaging and easily comprehended discussion of many of the latest developments in modern physics.

K. C. Cole explains how the apparent emptiness of space between stars and galaxies – which she calls “Nothing,” must contain something that completes the equations of modern physics. Nothing also exerts a powerful force. The universe is expanding at an accelerating pace. There is no way to explain this expansion without resorting to a “hidden factor” that produces the acceleration, and Nothing fits perfectly in this gap. (I prefer to capitalize *Nothing* but Cole leaves it in lower case, which often produces startling and humorous statements.)

I hope to convince the reader that nothing matters. Most of modern physics and mathematics would be unthinkable without it. The human mind we use to perceive and explore those worlds relies on notions of “nothing” in very tangible ways – creating something out of nothing as handily as it does the reverse. (p. xi)

Space isn't empty; what we think of as empty space is permeated by powerful influences. Indeed, matter itself is only the energetic geometry of forces in empty space. (p. 69)

(See more in IJHC Book review January 2005, Volume 5, No. 1)

Francesca McCartney, PhD, *Intuition Medicine: The Science of Energy*, Mill Valley, CA: Academy of Intuition Studies and Intuition Medicine 2001. 8 1/2 x 11 in. 94 pp.

www.intuitionmedicine.org

This workbook provides a basic introduction to the study of intuition medicine. While it is better to have such introductions in person, this book, supplemented by a series of audiotapes, can provide a good taste of the subject.

I am pleased to see a major emphasis given here to grounding exercises, which help to keep the student and practitioner centered and in touch with earth energies. Without this, it is very easy to get “ungrounded” and confused in doing intuitive and energy work.

Other chapters introduce the aura and chakra energy systems for healing, colors in healing, male/female energies and more.

(See interview with Francesca McCartney in this issue of IJHC)

Healing Research, Volume II - Consciousness, Bioenergy and Healing: Self-Healing and Energy Medicine for the 21st Century

Daniel J. Benor, M.D.

Foreword by C. Norman Shealy, MD, PhD

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Bioenergy: Newtonian medicine has been slow to absorb the lessons of quantum physics: The body can be addressed not only as matter, but also as energy. Subtle biological energies are used by many CAM therapies – some moving through the hands of the therapist, others through specialized interventions explained by Dr. Benor. Acupuncture addresses energies in acupuncture points, along meridians running from head to toes, and in *chakras* – the body’s energy regulating centers. Homeopathy and flower essences introduce energies and information through the water that is their vehicle for treatment. Does all this sound strange? Dr. Benor has gathered an amazing body of research in this book to confirm the healing potentials of these subtle bioenergy therapies – explaining some of the roles of our energy body.

Biological energies interact with environmental energies. Dr. Benor reviews a wealth of research on unconventional energies and considers their relevance to spiritual healing – following on Volume I of *Healing Research*, which reviews 191 controlled studies of healing, demonstrating it is a highly effective treatment.

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SEE ALSO

**Benor, Daniel J, Healing Research: Volume I, (Popular edition)
Spiritual Healing: Scientific Validation of a Healing Revolution, Southfield, MI: Vision Publications, 2001.**

Healers describe their work, research in parapsychology as a context for understanding healing, brief summaries of randomized controlled studies, pilot studies.

**Benor, Daniel J, Healing Research: Volume I, (Professional Supplement)
Spiritual Healing: Scientific Validation of a Healing Revolution, Southfield, MI: Vision Publications, 2001.**

Only the studies -- described in much greater detail, including statistical information.

Summary: Out of 191 controlled studies of healing, 124 show significant effects--on humans, animals, plants, bacteria, yeasts, cells in vitro, enzymes and DNA show significant effects. Selecting out the more rigorous studies, 25 show effects at $p < .01$ and another 12 at $p < .02$ -.05.

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